

KELLIE HENRIKSEN PHOTOGRAPHY

Checklist: Preparing for your Session

ONE WEEK BEFORE YOUR SESSION

Choose your outfits.

The biggest thing to consider is to **choose coordinating colors** between each family member **instead of trying to match** the colors.

Use this checklist to cover all the options:

Mom (pick one or multiple):

- A light solid colored shirt (white, beige, light pink, light blue, light gray)
- A dark solid colored shirt (black, dark gray, dark blue)
- Lightly patterned shirt (flowers, pin-stripes, etc.)
- Stylish blouse
- Solid color knit sweater
- Favorite pair of jeans with belt
- Favorite dress (solid color or minimal pattern)

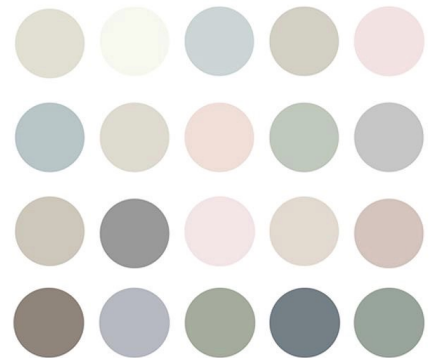
Dad (pick one or multiple):

- light solid colored t-shirt (white, beige, light pink, light blue, light gray)
- dark solid colored t-shirt (black, dark gray, dark blue)
- Plain patterned button-up shirt (checked, plaid, pin-stripes)
- Solid white (or light colored) button-up shirt
- Favorite pair of jeans with belt
- Favorite pair of dress pants with belt

Kids (pick one or multiple):

- Solid colored or minimally patterned dress/romper/shirt/skirt
- Solid colored button up shirt (that is still comfortable)
- Comfortable jeans or khakis (shorts are ok too)

REMEMBER: No cartoon characters or words on shirts.



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Footwear:

- I like the look of bare feet in photos, especially with the kiddos.
- If you'd prefer to wear shoes, then make sure they're clean and coordinate with the outfits.

Accessories:

- Earrings
- Necklace
- wedding ring
- Hair bow or headband for little girl

Last Step:

- Wash and iron chosen outfits and tuck them away in the closet so they don't get dirty or lost.

My blog post on [What to Wear](#) is another great resource.

DAY BEFORE YOUR SESSION

- Take your clean, pressed outfits out of the closet and double check that you have everything for everyone
 - Outfit for Mom
 - Mom's jewelry
 - Mom's shoes

 - Dad's outfit
 - Dad's shoes

 - Each kiddos outfits
 - Accessories for Kiddos

- Pack outfits & accessories in bag so they're ready to take with you the next day

Other things to consider:

- How are everyone's fingernails? (trimmed, cleaned, painted)
 - Tell the kiddos how we're gonna have a great time taking photos the next day
 - Tell them where the photo shoot will take place
 - Let them know how long the family session will last
 - Explain what is expected of them during the photo shoot
 - Get a good night's sleep
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DAY OF YOUR SESSION

- Eat a good breakfast
- Hydrate! Drink plenty of water
- Remind the kiddos how much fun it's gonna be to play at your family portrait session
- Will you go get a special treat after the session? A meal out? Afternoon Ice Cream? Playground?
- Check google maps - how long will it take for you to get to your session?
- Plan for extra time to get ready
- Get yourself ready first then help the kiddos

- Pack your to-go bag:
 - Hydrated lips (bring chapstick and/or gloss along)
 - Spray bottle with water & comb for fixing hair
 - Water bottles for everyone
 - Snacks for the kiddos (no chocolate to prevent mess)
 - Snacks for adults
 - Favorite toy to comfort kiddos (even if you don't want the toy in the photos, bring it along and I'll figure out how to keep it out of the photos)



You've got this!

**Now let's enjoy our time together at your session
& create lovely photos of your beautiful family.**

*Can't wait to see you
in front of my camera!*

I share lots of other valuable information on my [blog](#) and in my [newsletters](#).

Feel free to browse my [website](#) and when you're ready, [book your session](#).